1. Features

This watch is an analog quartz watch equipped with features including a 24-hour display and chronograph function.

2. Displays and Buttons

The design varies depending on the model.

* The second hand moves in conjunction with the hour hand. Pay attention to AM and PM when setting the time.

3. Setting the Time

1. Pull the crown out to the time correction position when the second hand has reached the 0-second position.
2. Turn the crown to set the time.
3. Securely return the crown to the normal position in synchronization with a telephone or other time service.

[Hint for Accurately Setting the Time]

After stopping the second hand at the 0-second position, turn the minute hand 4.5 minutes past the correct time and then turn it back to the correct time. The time on the watch can then be set to the correct time by pushing in the crown in synchronization with a time service tone.

4. Setting the Date

1. Pull the crown out to the date correction position.
2. Turn the crown to set the date.
* The date is based on a 31-day calendar. The date must be changed from the last day of the month to the first day of the following month for those months not having 31 days (months having 30 days and February).
3. Once the date has finished being set, return the crown to the normal position.

5. Using the Chronograph

The chronograph function of this watch is able to measure and display elapsed time up to 59 minutes 59 seconds in 1-second units. After the chronograph displays elapsed time for 59 minutes 59 seconds, it resumes timing from 0 seconds. The chronograph minute hand continues to move until the chronograph is stopped by pressing button (A) even after 59 minutes 59 seconds have elapsed.

6. Zero Positioning of Chronograph Hands (After Replacing the Battery)

When resetting the chronograph after replacing the battery, if the chronograph second hand does not return to the 0-second position or if the chronograph second hand has shifted out of position due to a strong impact, perform zero positioning of the chronograph hands according to the procedure described below.