INSTRUCTION MANUAL FOR MIYOTA WATCH MOVEMENT
CALIBRE NO. 8218/19
AUTOMATIC MOVEMENT

A) DISPLAYS AND BUTTONS
B) WINDING THE MAINSPRING
C) SETTING THE TIME
D) SETTING THE DATE

A) DISPLAYS AND BUTTONS

B) WINDING THE MAINSPRING
Automatic winding watch can also be hand winded by turning the crown clockwise in Normal position. Wind several times clockwise. It will start to move naturally.

C) SETTING THE TIME
1. Pull the crown out to the 2nd Click Position.
2. Turn the crown to set hour and minute hands.
3. After the time has been set, push the crown back to the Normal position.
   *8219: 24Hour hand moves linked with the center Hour and Minute hand.

D) SETTING THE DATE
1. Pull the crown out to the 1st Click Position.
2. Turn the crown counter-clockwise to set the date.
   * If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.
3. After the date has been set, push the crown back to the normal position.

These specifications might be changed without prior notice.

CITIZEN WATCH CO., LTD.
MIYOTA机心操作手册
型号 8218/19
自动机械机心

A) 显示和按钮
B) 上发条
C) 校时
D) 调整日期

A) 显示和按钮

B) 上发条
自动表也可以通过手动上发条，顺时针转动位于正常位置的柄头即可
手动上条的话一般转几下，就开始走针。

C) 校时
1. 柄头拉至二档位置
2. 转动柄头调整时针和分针。
3. 调整后，把柄头推回正常位置。
   *8219: 24小时针与中央时、分针联动。

C) 调整日期
1. 柄头拉至一档位置
2. 逆时针方向转动，调整日历。
   * 请勿在下午9点至凌晨4点之间调整日历，可能会发生不能调整的现象。

3 调整后，柄头推回原位

上述数值如有变更恕不另行通知

CITIZEN WATCH CO., LTD.