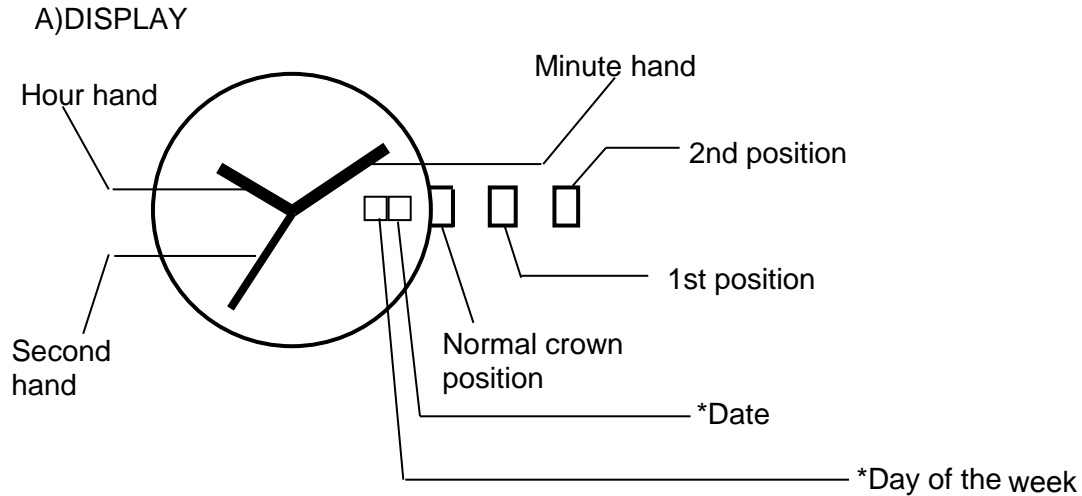


# INSTRUCTION MANUAL FOR MIYOTA WATCH MOVEMENT

## AUTOMATIC MECHANICAL MOVEMENT

### INSTRUCTION MANUAL



\*Date & Day of the week position may be located at different position depends on models.

### B) SETTING THE TIME

1. Pull the crown out to the 2nd position.
2. Turn the crown to set hour and minute hands.
3. When the crown is pushed back to the normal position, second hand begins to run.

### C) SETTING THE DATE

1. Pull the crown out to the 1st position.
2. Turn the crown counter-clockwise to set the date.  
\* If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.
3. After the date has been set, push the crown back to the normal position.

### D) SETTING THE DATE OF THE WEEK

1. Pull the crown out to the 1st position.
2. Turn the crown clockwise to set the day of the week.  
\* If the date is set between the hours of around 9:00 PM and 1:00 AM, the day of the week may not change the following day.
3. After the day of the week has been set, push the crown back to the normal position.

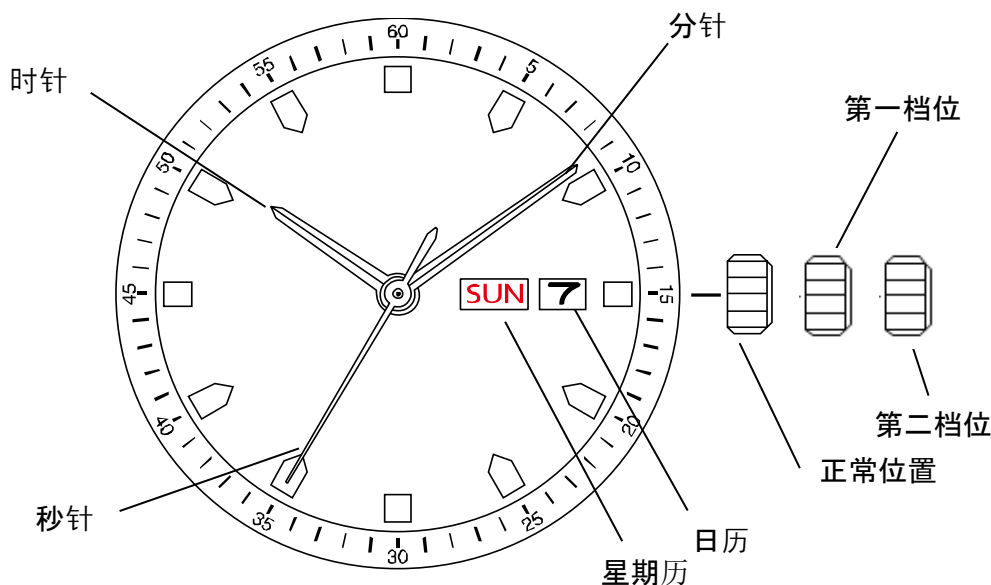
# MIYOTA

诞生于日本的世界通用机械机心  
日本制造  
金属机心

## MIYOTA机心操作手册 型号 8205 820A 8285 自动机械机心

- 1) 显示和按钮
- 2) 上发条
- 3) 校时
- 4) 调整日历
- 5) 调整星期历

- 1) 显示和按钮



### 2) 上发条

自动表也可以通过手动上发条, 顺时针转动位于正常位置的柄头即可  
手动上条的话一般顺时针转十五至二十下即可。

### 3) 校时

1. 将柄头拉到第二档位
2. 转动柄头调整时针和分针。
3. 调整后, 把柄头推回正常位置。

### 4) 调整日历

1. 把柄头拉至第一档
2. 逆时针方向转动柄头, 调整日历。  
\* 在下午9点至凌晨4点之间调整日历时, 可能会发生不能调整的现象。  
因此, 请勿在上述时间段内调整日历
3. 调整后, 把柄头推回正常位置

### 5) 调整星期历

1. 将柄头拉到第一档位
2. 顺时针转动柄头设定星期。  
\* 在下午九点至凌晨4点之间调整日历时, 可能会发生不能调整的现象。  
因此, 请勿在上述时间段内调整日历
3. 调整之后将柄头推回原来的位置

上述数值如有变更恕不另行通知  
CITIZEN WATCH CO., LTD.